

Garden of Readin'



Emanuel Lutheran Church Newsletter

March 2022

Happenings!

Wednesday, March 2—Ash Wednesday

Saturday, March 5—Craft Inn

Tuesday, March 8—ROMEO's (and Friends) Meet

Wednesday, March 16—Newsletter Articles Due

Saturday, March 26—Confirmation

Sunday, March 27—John Husmann Memorial Table Tennis Tournament

On **Wednesdays** during Lent we will have weekly dinners and services on beginning at 6 p.m.

Tai Chi each **Monday** and **Thursday** morning at 10 a.m. in the upstairs Youth Center

Bible Study each **Thursday** at 9:30 a.m. in the upstairs conference room

Mission Statement:
Forgiven by Grace,
Serving by Faith

Vision Statement:
To Grow in Faith, Love,
and Spirit



Our reigning Mardi Gras King Mike Loos and Queen Margie Powell-McIntosh. We have a terrific turnout for the event and will have more pictures and details in the next newsletter.

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A Post from the Pastor

BY PASTOR CARA KNUTSON



Greetings!

As I write this we find ourselves in another time in between. Our governor has lifted COVID restrictions and mandates—some say too soon, some say not soon enough, but we can all agree it's confusing. Just what is happening with the pandemic? Or is it an endemic now?

Then the war in the Ukraine...Kyrie eleison. Pandemonium, chaos, conflict, the threat of nuclear weapons, people fighting in the streets...We all can agree it's not only confusing, but alarming as well.

In a world such as this we prepare and enter into Lent. And Lent can be another type of in between time—that liminal space between Ash Wednesday and Easter, a time of letting go, of growing still, and listening. This Lent we're going to try out a new practice. In front of the altar you'll see 6 purple pillar candles—one for each week of Lent. On Ash Wednesday all 6 candles will be lit. Each week one less will be lit, symbolizing of what we let go of to make more space for God. The final candle will be extinguished on Maundy Thursday at the stripping of the altar.

If you would like to do a similar practice in your home, you can use candles or even a pretty bowl filled with smooth stones. Put these items in your prayer corner and each time you go to spend a little time with God, light one less candle or take a stone out of your bowl and think about what you'd like to let go of.

Lent is not only a time to let go of unhelpful habits and thoughts but it can also be a time to do something more, a new practice or a new habit. Here at Emanuel we'll be looking at the suggestions from our roundtable discussions during Stewardship Month and see how we can put them into practice. We've already started with a Help/Wants board in the entryway. If you need help or assistance fill out a slip with the information and your phone number and put it on the board. Someone who would like to help will then contact you to make arrangements.

It was so fantastic to celebrate Mardi Gras together! Many people told me they felt encouraged and invigorated to see so many folks here all having a great time. It makes me hopeful for our future together going forward. If you feed them they will come!

See you in church!

Pastor Cara

Join us for the
John Husmann Memorial
Table Tennis Tournament



Sunday, March 27th
(John's 90th Birthday)

We will have a light lunch after church and then begin the tournament.

Free fun for all ages
at any skill level!



Tea for Two

Save the Date
for our "Tea for Two" event
on **Saturday, May 14!**



Esther Bender	Deloris Christensen	Owen Hansen	Larry Hansen
Robert Hesseltine	Sawyer Lorenz	Norma Mass	David Perault
Tommy Schlott	Ruth Sullivan	Bob Vergamini	

Mobile Pantry Help

BY CHRIS REED

Story Street Pantry is a nonprofit 501 (c)(3) organization which was created to unify the efforts of the Our Saviors Lutheran Food and Pet Food Pantry (Council Bluffs), the Carter Lake Community Presbyterian Food and Pet Food Pantry (Carter Lake), Riverside Food Pantry (Oakland), and the San Andres Lutheran Food Pantry (Omaha), and to develop new partnerships and programs to reach underserved populations and fulfill our shared mission to offer healthy, nutritious food at no cost to people in need, while always treating our clients with the highest level of dignity and respect.

Last year, Story Street Mobile Pantry served 89,000 people with 1.4 Million pounds of food in Council Bluffs alone. The Mobile Pantry partnered with the Municipal Housing Authority to help those in need at 5 Senior Apartments. One person was packing up orders for all five Senior Apartments and then delivering them. As the Mobile Pantry continues to grow, they are in need of Emanuel's big hearts. We will fill all the orders and the Executive Director of Story Street Pantry will be delivering them.



Anyone interested, please join us on the 1st Thursday of every month at Our Saviors Food Pantry at 5:30 pm-7:30 pm. There are plenty of different duties that need to be filled. We hope to have two different assembly lines going at the same time. If you want to be part of this new mission serving Council Bluffs, please contact Judi Malloy at [712-328-9093/malloy.j@cox.net](mailto:jmalloy@cox.net) or Chris Reed [712-435-9461/creed1907@aol.com](mailto:creed1907@aol.com).

Bethany General Store

BY AMANDA RICHARDSON, BETHANY ACTIVITIES DIRECTOR

Bethany is accepting donations for the General Store again!

- Toothpaste
- Mouthwash
- Lotion-With and some without Alcohol
- Body Sprays-Men and Women
- Grip Socks –Mostly for men but also need for women
- Snack foods
- Diet Soda
- Shampoo/Conditioner
- Body Wash
- Request for Old Spice Brand
- Puzzles of any size (no bigger than 1000)
- Blankets
- Fingernail files
- Sunglasses that fit over glasses and also Regular
- Hats –Baseball, Sun, Etc.

See list below of requested items:

We ask that all donations are new and unused.

Thank you for your time and everything you do for Bethany!!

We can't wait for things to go back to normal...if that is even a thing anymore!

Thanks again! A box will be in the Community Room for your donations. Thank you!



Habitat Home

BY LINDA STEENSLAND

The new Habitat for Humanity Home for a mother and her young son will be completed in Mid-March. If you would like to donate paper products, kitchen staples, tools for yardwork, or \$\$\$ toward them, please bring it to the church.



NEIGHBORLY
LOVE

Thanks so much for your support!

SAVE THE DATE!

Thursday, April 14th


Middle School &
High School Lock-In



Worship Assistant Schedule

(if unable to serve as scheduled, please arrange a substitute and notify the church office of the change)

Sunday, March 6	9:30 a.m. Service
Ushers	Deann & Oscar Over
Acolyte	Grace Nixt
Lector	
Visual Tech	
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, March 13	9:30 a.m. Service
Ushers	Deann & Oscar Over
Acolyte	Alex & Gabe VanSickle
Lector	
Visual Tech	
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, March 20	9:30 a.m. Service
Ushers	Deann & Oscar Over
Acolyte	Cole Holcombe
Lector	
Visual Tech	
LiveStream Tech	Michaela Lewis
Coffee Hour	
Sunday, March 27	9:30 a.m. Service
Ushers	Deann & Oscar Over
Acolyte	Mason Lewis
Lector	
Visual Tech	
LiveStream Tech	Michaela Lewis
Coffee Hour	



Inclement Weather Policy

If there is a cancellation of services or activities, this will be posted on our Facebook page as well as be relayed to the local news stations.

VIEW OUR CHURCH DIRECTORY ON YOUR MOBILE DEVICE!



FREE App for iPhone, iPad & Android

Our church directory is a great resource tool to get to know our church family better!

Simply go to the App Store, search for *Instant Church Directory*  and download the FREE app to begin.

You will use your email address listed in the directory to **CREATE A LOGIN** the first time you use the directory app.

If you're not listed in the directory, **OR** if you have trouble logging into the app, please contact the church office.




Ways you can SERVE

We need YOUR help!
 We would love to have you help with worship! Please contact the church office at (712) 323-9665, office@emanuelcb.org or sign-up on our website at: www.emanuelcb.org

This Month's
ACTIVITIES
 At Emanuel Lutheran Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 9:30 am Service in Worship Center 9:30 am Sunday School in classrooms 10:30 am Coffee Hour 4 pm—6 p.m. Mardi Gras	28 10 am Tai Chi	1 5:30 pm Girl Scouts in Community Room	2 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Community Sewing Group Noon & 7 pm Ash Wednesday Service	3 9:30 am Adult Bible Study 10 am Tai Chi	1	5 10 am Craft Inn 
6 9:30 am Service in Worship Center 9:30 am Sunday School in classrooms 10:30 am Coffee Hour	7 9 am Cookie Crumbs Sorting 10 am Tai Chi	8 9 am Cookie Crumbs Packing 8:30 am ROMEO's (& Friends) meet at Village Inn East 5:30 pm Girl Scouts in Community Room	9 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Community Sewing Group 6 pm Lenten Dinner 7 pm Lenten Worship	10 9:30 am Adult Bible Study 10 am Tai Chi	11	12
13 9:30 am Service in Worship Center 9:30 am Sunday School in classrooms 10:30 am Coffee Hour	14 10 am Tai Chi	15 5:30 pm Girl Scouts in Community Room 	16 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Community Sewing Group 6 pm Lenten Dinner 7 pm Lenten Worship	17 9:30 am Adult Bible Study 10 am Tai Chi 	18	19
20 9:30 am Service in Worship Center 9:30 am Sunday School in classrooms 10:30 am Coffee Hour	21 10 am Tai Chi 7 pm Church Council Meeting	22 5:30 pm Girl Scouts in Community Room	23 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Community Sewing Group 6 pm Lenten Dinner 7 pm Lenten Worship	24 9:30 am Adult Bible Study 10 am Tai Chi	25	26
27 9:30 am Service in Worship Center 9:30 am Sunday School in classrooms 10:30 am Coffee Hour 11 am Ping Pong Tournament	28 10 am Tai Chi	29 5:30 pm Girl Scouts in Community Room	30 8:30 am Mission Action Quilters Upstairs 9:30 am—3 pm Community Sewing Group 6 pm Lenten Dinner 7 pm Lenten Worship	31 9:30 am Adult Bible Study 10 am Tai Chi	1	2 10 am Craft Inn 



*** THIS MONTH'S ***
birthdays

March 01
Deloris Christensen

March 02
Nick Haats
Roux Smith

March 03
Judy Pleas
Alexander VanSickle

March 05
Gayle Grap

March 06
Joel Hauschild
Croix Smith

March 08
Dee Swanger

March 09
Owen Hansen
Macy Kephart
Ruth Nelson

March 10
Derek Knutson

March 12
Shelby Johnson

March 13
Kinsley Cahalan
Caeli McDowell
Killion McDowell

March 16
Michael Garreans
Jill Gress

March 17
Judith Borwick
Ron Stairs

March 20
Jacque Moats

March 21
Angelina Maxwell

March 22
Dean Loos
Anina Madsen

March 25
Mike Burns

March 26
Stephen Lewis

March 29
Ciara Hancock
Chuck Madsen
Jim Nelson
John Smith II

March 31
Emma Richards
Mia Richards



THIS MONTH'S
anniversaries

March 07
Chuck and Peg Madsen

March 08
Joel & Christi Hauschild

March 24
Tyler & Jamie Hansen

If we've missed a birthday or anniversary, we apologize. Please let the church office know!
Contact Michaela at (712) 323-9665 or office@emanuelcb.org

March is National Professional Social Work Month



March is National Professional Social Work Month, a time to recognize social workers and thank them for all they do. At Lutheran Services in Iowa (LSI), we are grateful for the many social workers who have dedicated their lives to serving our communities across the state!

Maybe you have never had a social worker involved in your life. Yet, whether you realize it or not, you have had the benefit of their behind-the-scenes work in your community. Social workers help people help themselves by overcoming life's most difficult circumstances or managing challenges of everyday living: poverty, abuse, mental illness, depression, addiction, disability, and many other situations.

Iowa wouldn't be the same without the patience, guidance, and empowerment that social workers provide. Happy National Professional Social Work Month!

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and facebook.com/LSI.iowa.

Helping Kids Thrive

Janey was transitioning from elementary school to junior high, and she was experiencing anxiety about the big jump. She was worried about meeting new kids and new teachers, and she would have panic attacks whenever her mom would wake her up for school. Last year, when kids across the state were already feeling added stress and pressure, she missed weeks of school at a time.

Her family knew she needed extra encouragement and a shoulder to lean on. They found it through LSI Behavioral Health Intervention Services (BHIS), which provide in-home programming for Iowa children and teens with severe emotional or behavioral disorders. Through the programming, families can

practice developing skills like healthy communication, anger management, and problem solving.

Through LSI's BHIS programming, Janey was able to build coping skills to help her calm down and avoid overthinking worst-case scenarios about her school day. With her LSI worker, she practiced relationship skill-building – how to build friendships and stay away from others who could make school time hard.

After working on these skills multiple times each week, Janey was able to succeed in her classes. She went from failing several classes due to missing school to recently receiving a certificate showing she was on the honor roll.

ATTENDANCE & OFFERINGS

Week of:	In-Person Attendance:	Online Views:	Sunday School Attendance:	Online Sunday School Views:	Total Attendance:	Offerings:
Feb. 06	54	41	9	8	112	N/A
Feb. 13	48	27	6	9	90	N/A
Feb. 20	44	24	8	5	81	N/A
Feb. 27	N/A	N/A	N/A	N/A	N/A	N/A

Finance Team Update

January Income:\$11,420.50
January Expense:\$13,124.22
 January Balance-\$1,703.72

YTD Income: \$150,025.35
YTD Expense:\$156,710.04
 YTD Balance-\$6,684.69
Plus Carryover.....\$20,408.34
 General Budget Fund \$13,723.65



Emanuel Lutheran Church

2444 North Broadway
Council Bluffs, IA 51503-0499

RETURN SERVICE REQUESTED



LENTEN MEALS & Worship

Dinner at 6 pm Service at 7 pm

Join us for dinner hosted by various ministries at Emanuel, followed by service using Holden Evening Prayer.

March 9th
Women's Group

March 16th
Youth

March 23rd
Wider Ministries

March 30th
Youth

April 6th
Church Council

Mission Statement: Forgiven by Grace, Serving by Faith
Vision Statement: To Grow in Faith, Love, and Spirit

Contact Us

Emanuel Lutheran Church

2444 N. Broadway

Council Bluffs, IA 51503-0499

(712) 323-9665 Emergencies: (712) 314-0085

office@emanuelcb.org

Like us on facebook: facebook.com/emanuellutherancbia

Visit us on the web at: www.emanuelcb.org

Worship Services:

Sunday at 9:30 a.m. in the worship center followed by coffee hour. Facemasks are required for those who have not been vaccinated and strongly encouraged for those who have. Services are streamed live on YouTube, Facebook & Twitter

Children's Ministry:

Sunday school is at 9:30 a.m. in the classrooms.

Staff:

Pastor Cara Knutson (pastor@emanuelcb.org)

Director of Music Ministries, Cindy Richards (music@emanuelcb.org)

Parish Assistant, Michaela Lewis (office@emanuelcb.org)

Kidz Kamp/Activities, Stephen Lewis (youth@emanuelcb.org)